

Outpatient Services

for Substance Use Disorder



Primary Hospitalization Program (PHP)

The Ranch at Dove Tree Partial Hospitalization Program (PHP) provides structured, compassionate care for individuals stepping down from higher levels of treatment while continuing their recovery journey. Our PHP blends clinical support with real-world independence to help clients build stability and confidence.

Program highlights include:

- ★ Intensive treatment without overnight stays
- ★ Structured daily schedules that promote accountability
- ★ Flexibility to maintain family, work, or school commitments
- ★ Individual and group therapy, counseling, and peer support
- ★ Residence in a Ranch at Dove Tree PHP-designated sober living home
- ★ Seamless transition from inpatient to outpatient care
- ★ Focus on practical coping skills and relapse prevention
- ★ Ongoing clinical oversight while encouraging independence
- ★ More affordable than inpatient treatment
- ★ Strong sense of community and peer connection
- ★ Individualized care tailored to each client's needs



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Intensive Outpatient Program (IOP)

Our Intensive Outpatient Program (IOP) delivers flexible, individualized care for clients entering outpatient treatment or stepping down from residential care, supporting continued growth and long-term recovery. Program highlights include:

- ★ Individualized treatment planning
- ★ Identity development in recovery
- ★ Family-of-origin healing
- ★ Narrative therapy and recovery stories
- ★ 12-Step support
- ★ Healthy relationship skills
- ★ Education and vocational support
- ★ Relapse prevention planning
- ★ Mindfulness and meditation
- ★ Life skills and community connection

Transitional Sober Living (SLE)

Our Transitional Sober Living provides a structured, supportive environment to help clients transition to independent living. Program features include:

- ★ 24/7 on-site staff
- ★ Medication management
- ★ Meals, snacks, and transportation included
- ★ Sober peer support and daily life skills development
- ★ Collegiate recovery transition support (optional)



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