

# Detox & Residential Treatment



THE RANCH  
at  
**DOVE TREE**

## Medical Detox Program

Located on the Ranch at Dove Tree's main campus, our Medical Detox Program provides a safe, comfortable, and clinically advanced environment for individuals beginning their recovery journey. Our physician-managed detox services are staffed 24/7 by licensed nurses and trained support professionals for continuous oversight with compassionate care.

As the only alcohol and drug detox program in West Texas located within a residential treatment center, RDT offers a seamless transition into the next level of care. Our medically supervised detox is designed to stabilize clients, minimize discomfort, and prepare them for long-term recovery.

### Program benefits include:

- ★ Safe, medically managed withdrawal
- ★ 24/7 physician and nursing oversight
- ★ Medication-assisted support
- ★ Psychological and emotional care
- ★ Reduced risk of medical complications
- ★ Nutritional and hydration support
- ★ Enhanced safety and comfort
- ★ Relapse prevention education
- ★ Ethical, evidence-based care
- ★ Preparation for continued treatment



**RanchAtDoveTree.com**  
**877-979-5619**

# Detox & Residential Treatment

## Residential Treatment Program

The Ranch at Dove Tree Residential Treatment Program offers immersive, trauma-informed care designed to help individuals rebuild their lives and create lasting change. Set against the open plains of West Texas, our warm and welcoming campus provides a peaceful, therapeutic environment that supports deep healing and personal growth.

Our master's-level clinicians deliver comprehensive treatment for substance use and co-occurring mental health disorders through evidence-based and experiential therapies tailored to each client's developmental and clinical needs.

### Program features include:

- ★ Daily individual and group therapy
- ★ Family therapy and support
- ★ Developmentally focused life skills groups
- ★ Structured daily wellness routines, including recreation and nutrition
- ★ Integrated treatment for co-occurring disorders
- ★ Cognitive Behavioral Therapy (CBT)
- ★ Dialectical Behavior Therapy (DBT)
- ★ EMDR trauma therapy
- ★ Daily yoga and mindfulness practices
- ★ Equine therapy
- ★ Art and music therapy



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