

WINDMILL NEWS

OCTOBER 2025

LETTER FROM THE EDITOR:

RDT staff and alumni,

This October, we are reminded that recovery is a journey that unfolds like the rhythms of the season, and as fall settles in, the air grows cooler, and the leaves shift to brilliant hues, we are invited to reflect on and renew the routines that support healing. With Halloween and the holidays approaching, we're reminded of the power of hope, creativity, and second chances—values that lie at the heart of the Ranch at Dove Tree's recovery community.



I want to emphasize the remarkable resilience of our alumni, whose bravery and honesty serve as a beacon for those embarking on their recovery journey. When alumni share their stories—covering their challenges, setbacks, and successes — they offer invaluable insights that are rooted in real experiences. Their narratives help normalize the difficulty of recovery, illustrating that progress isn't linear and setbacks don't undo achievements. Thank you to everyone who's shared their story at the Ranch, sometimes for the very first time. If any alumni would like to share their stories in the future, contact me, and we will get that scheduled.

As we move through October and closer toward the holidays, we can lean into celebration with intention. Plan recovery-friendly routines around gatherings, set boundaries that protect our well-being, and lean on our support network when needed.

To the RDT staff, I want to express my sincere apologies for the tardiness of this newsletter. I'm grateful for your patience and for the unwavering commitment you bring to our community each day. I am continually inspired by every one of you, and I am deeply grateful we're all walking this road together. Your dedication, compassion, and unwavering commitment to our clients and to one another create an environment where healing can flourish and hope can take root. Seeing you collaborate with patience and show up with kindness even on demanding days reminds me that we are stronger together than we could ever be alone. Thank you for your tireless work, your integrity, and the spirit you bring to Ranch at Dove Tree.

Josh



Alumni Spotlight



David Wilson

Sobriety date: 1/10/24

"After drinking for over 30 years, I never thought it would be imaginable to quit and be more comfortable with it. I was at my lowest point in life when I decided to reach out to the Ranch at Dove Tree. Thanks to the staff and counselors at the Ranch, my family and I have been given a second chance at life through recovery. I have stayed connected through IOP and special events, which continually motivate and inspire me to continue this path of sobriety."



Happy Birthday to These Staff Members:

Terry Don Mooney	10/3
Kamdon Robinson	10/4
Keisha O'Leary	10/7

RDT would like to wish all our alumni born in October a very Happy Birthday!

Staff, If I've missed your birthday or work anniversary this month or in the past, please email joshua.toney@ranchatdovetree and let me know.



October Awareness Months

Depression Awareness Month
Breast Cancer Awareness Month
National ADHD Awareness Month
Domestic Violence Awareness Month



Alumni App

A quick note on staying connected: the Alumni App is more than a tool—it's the lifeline that helps us keep track of upcoming events, reminders, and opportunities to support one another. Please make it a habit to check in, RSVP, and share what you're finding most helpful in your recovery journey. The app helps us coordinate gatherings, celebrate milestones, and extend the welcoming environment that Dove Tree is known for. If you do not have the app and would like an invitation, text Josh at 806-549-8179.



If you or someone you know is struggling, remember that help is available here at Dove Tree. See below:

A photograph of a large metal silo with the Dove Tree logo on it. The logo consists of a yellow star inside a green circle, with the text 'THE RANCH' and 'DOVE TREE' below it.

As we continue to build a supportive alumni network, I wanted to let you know that I am here to assist if you know anyone in need of treatment.

If you come across someone who could benefit from our program, please don't hesitate to refer them to me. I can help get the process started and ensure they receive the support they need.

Here is how you can reach me:

A circular portrait of Josh Toney, a man with grey hair and a beard, wearing a blue shirt.

Josh Toney

806-549-8179
joshua.toney@ranchatdovetree.com



Don't forget, you are all welcome to join us every Wednesday night at 1811 13th Street from 6 – 8 PM for Alumni Night.

Please come out in support of your peers and help to make the RDT alumni community stronger than it has ever been before! If you cannot be there in person, there is a Zoom link on the alumni app that allows you to be there virtually.

Upcoming Events

Event announcements for October and for the date, time, and address for November's Friendsgiving Potluck are upcoming! I will share updates for these events via the alumni app!

Thank you for being part of the Ranch at Dove Tree family. As we move through the rest of this month, may the changing season remind us that every day offers a new page in our recovery story. Let's keep showing up for one another, celebrate every milestone, and continue building a thriving, compassionate community where recovery thrives and hope endures. I hope you all have a safe, fun, and Happy Halloween!