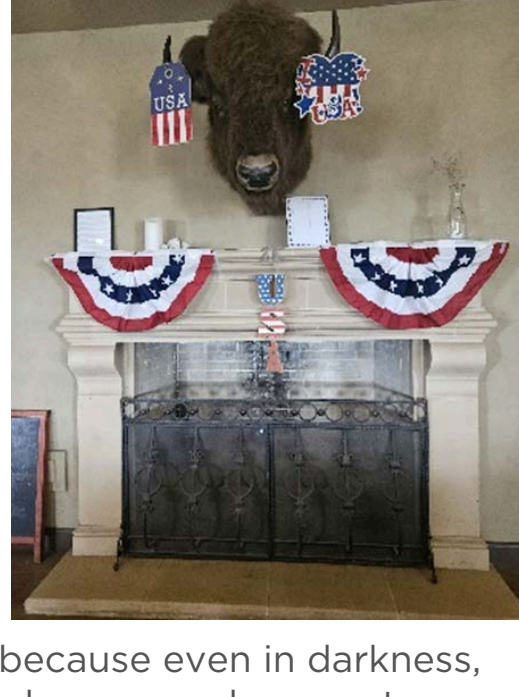


LETTER FROM THE EDITOR:

As July arrives like a burst of sunshine, it brings with it a sense of warmth, renewal, and transformation. Did you know this month is named after Julius Caesar, a figure historically associated with change and new beginnings? This symbolism resonates deeply with our work and the journeys of our alumni, reminding us that growth and recovery are always possible, no matter how long the road. And what a long, strange trip it's been. Through it all, hope and resilience shine through. This month, as we celebrate Independence Day on the 4th, let's ignite our freedom, not just the freedom of a nation, but the personal freedom from addiction and the barriers that hold so many back from living fully. It's a time to honor recovery's power because even in darkness, our hope persists. Each story of recovery is uniquely ours, and every step forward is worth celebrating because sometimes the songs that we sing are just songs of our own. July also highlights vital causes, BIPOC Mental Health Awareness Month reminds us to amplify diverse voices and foster healing, while International Self-Care Day on July 24th encourages us to nurture ourselves. Remember to keep on trucking, because every day offers a new chance to grow. I am continually inspired by the collective journey we all share. The compassion, empathy, and unwavering dedication of our staff serve as guiding lights for those seeking hope and change. Your work is a beacon, illuminating paths through darkness and leading individuals into the warmth of recovery. The strength, resilience, and courage of our alumni serve as living proof that transformation is possible. Your stories remind us that recovery is not just a destination but an ongoing journey of hope and renewal. As we celebrate freedom this July, I want to remind everyone that liberation from addiction is within reach. The freedom to heal, to grow, and to support one another is a powerful force that unites us. It's a collective strength that allows us to continue making a difference each day, so I hope you all keep your eyes open and hearts receptive to the hope around us because once in a while, you get shown the light, in the strangest of places, if you look at it right. It is truly an honor to work alongside such a loving and dedicated team, and I am incredibly proud of every milestone our alumni achieve. Thank you for your ongoing commitment and for being a vital part of this community. Sometimes the song is just the song, but sometimes it's the truth. And the truth is, every step forward, no matter how small, is a victory worth celebrating. Wishing you all a July filled with Joy, healing, and renewed hope.

Josh



★ Alumni Spotlight ★

Carlos Vara



"I would like to thank the Ranch at Dove Tree for my new life. I've been sober going on five months now. In recovery, I've had my ups and downs, but through it all, I've learned that you don't have to reach your bottom when you hit a bump in the road. You just keep on going and doing what's best for your recovery. When you do that, everything else will fall into place. It might not be as fast as you want it to happen, and you can't rush it. They say pressure builds diamonds, and you have to make sure you are that diamond. I love you all, thank you for my sobriety."

Alumni Reunion

Don't forget to mark your calendars for the Annual Alumni Reunion being held on the RDT campus, **Saturday, August 16th**! It promises to be a day full of laughter, connection, and inspiration, an opportunity to share stories of triumph, rekindle friendships, and forge new bonds. I hope you join us for this special celebration.



ATTENTION

If you are planning to come to Lubbock for the reunion, and you are looking for hotel rooms. Mike G. works for TownePlace Suites (5310 W Loop 289) and would love to help you with your stay. The regular group rate is \$119/night, but if you contact him, a special rate of \$85/night is being offered.

You can contact Mike through @ lubbock.august.2024@gmail.com. Once he emails you your confirmation number, you can then either call the hotel @ 806-799-6226 to guarantee the reservation with a credit card or go to Marriott.com and look up your reservation to then secure it with your credit card.

Fellowship at the Park

Don't forget, we are still playing sand volleyball every Saturday night from 6 pm to 10 pm at Mahon Park on 29th & Chicago. Any changes or updates can be found on the alumni app.



Years of Service: July Anniversaries



Troy Lucero	7/10/23	2 years
Andres Ledesma	7/19/21	4 years
Tonya Shennum	7/24/03	15 years
Ricky Shew	7/26/22	3 years



Work Anniversaries

Happy work anniversaries, ya'll! On behalf of everyone at RDT, it is such a pleasure to work with each of you every day! Thank you for your continued dedication. Please let me know if I've missed any staff birthday or anniversary, I am working with what I have.



Unlock The Door To Recovery

(877) 979-5619

Share your recovery story and how your journey began with us here at The Ranch at Dove Tree. Help a fellow addict begin their journey by giving away.



RDT CaredFor App

Unlock The Door To Recovery
Alumni Night
Track your recovery process
Keep a gratitude journal
Join wellness challenges
Read articles, listen to podcasts, watch videos

