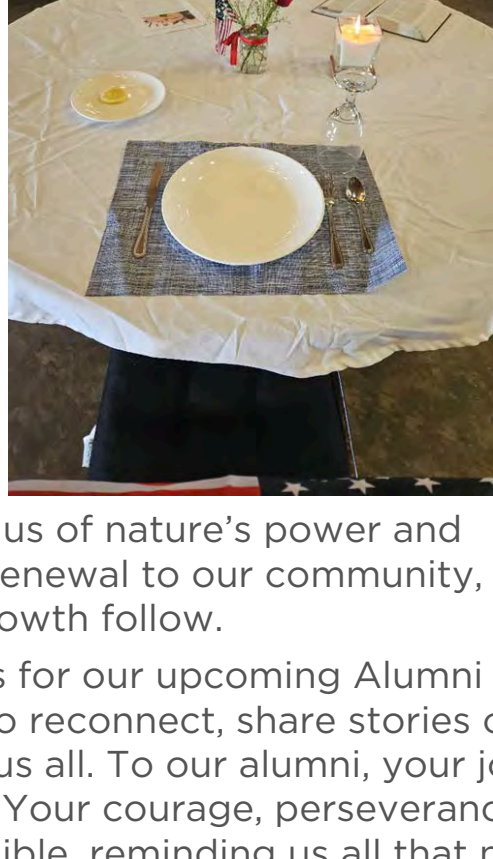




LETTER FROM THE EDITOR:

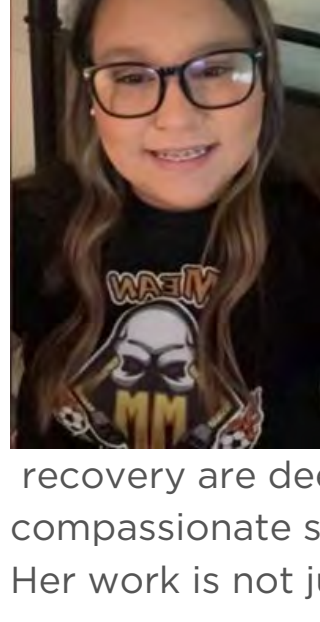
June is a powerful month for reflection, renewal, and celebrating the resilience that defines our community. This month, we honor the strength of the human spirit through occasions like PTSD Awareness Month and Men's Health Month, recognizing the importance of health, resilience, and seeking help when needed. We also celebrate the ongoing journeys of recovery on Alcoholics Anonymous Founders' Day and lift up the values of service and patriotism on Flag Day and the U.S. Army Birthday. June's special days—Father's Day, Juneteenth, and the Summer Solstice—are all shining moments to embrace new beginnings, reflect on freedom, and look forward to brighter days ahead. Just as recent thunderstorms rolled through Lubbock reminded us of nature's power and unpredictability, it also brought a fresh sense of renewal to our community, reminding us that after storms, clear skies and growth follow.



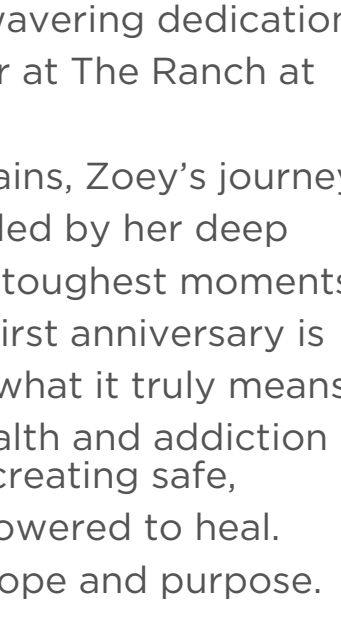
Looking ahead, we are excited to announce plans for our upcoming Alumni Reunion in August. It's a wonderful opportunity to reconnect, share stories of strength, and celebrate the journeys that inspire us all. To our alumni, your journeys of recovery continue to inspire others every day. Your courage, perseverance, and commitment are shining examples of what's possible, reminding us all that new beginnings are always within reach. For our dedicated staff, your unwavering support and hard work are the foundation that helps countless individuals find hope and healing. You should be immensely proud of the difference you make, not just in the lives of those in recovery, but in the broader ripple effect of hope and renewal you foster every day. Thank you for your ongoing dedication and for being a source of hope. Whether you're in recovery, supporting someone on their path, or part of our staff, your resilience and connection make this community extraordinary. Together, we're building a future filled with hope, healing, and new beginnings.

★ Alumni Spotlight ★

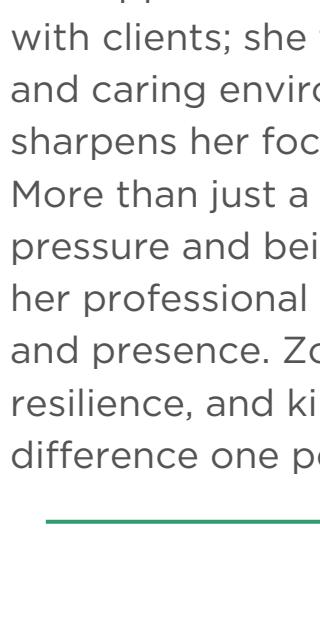
Charles Herford



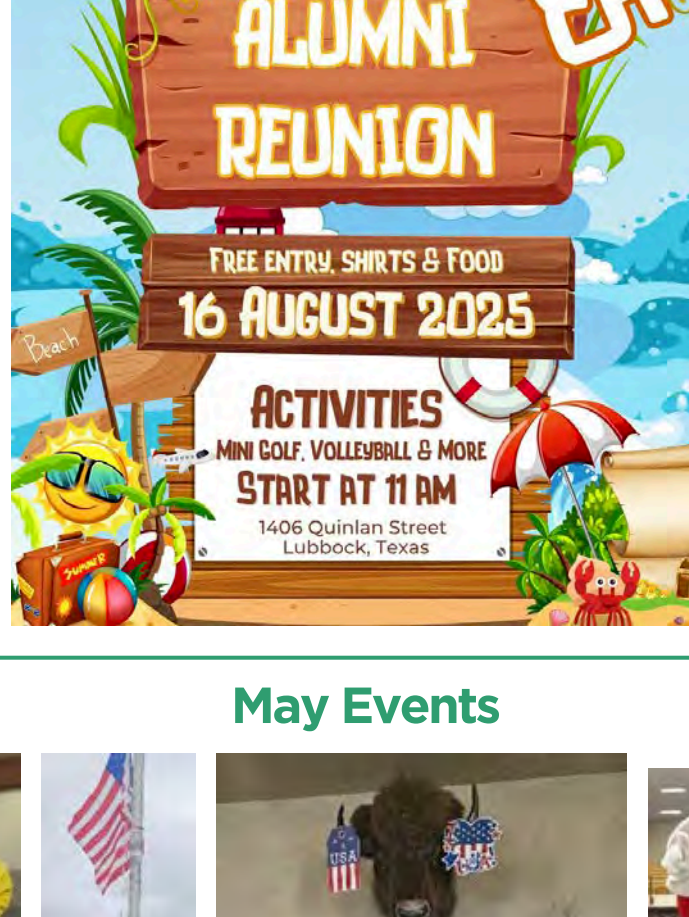
"My time at Dove Tree was amazing and eye-opening. I arrived broken and hopeless. But I left strong and empowered with the help of God and the staff at RDT. I am sober today because of the tools given to me at the Ranch. I am capable now of sharing my experience, strength, and hope with others and carrying on the message because of the Ranch at Dove Tree and the program I have been afforded because of hard work and dedication. The Ranch at Dove Tree saved my life." -Charlie



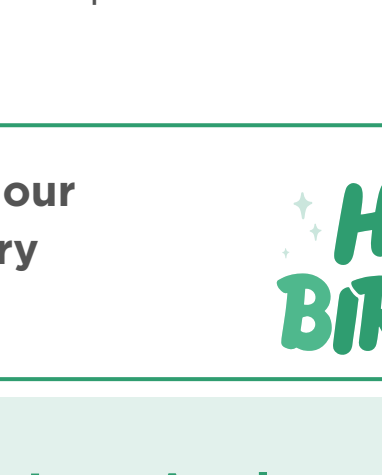
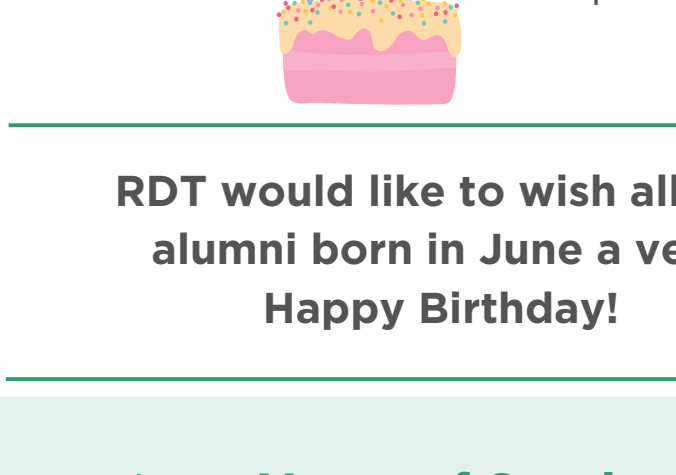
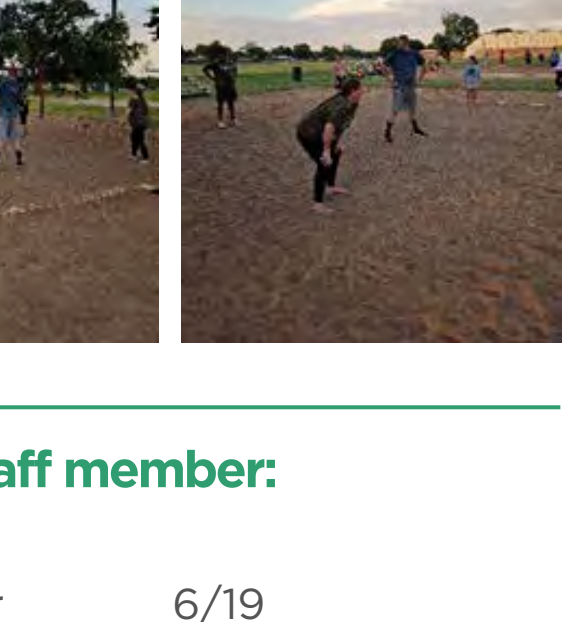
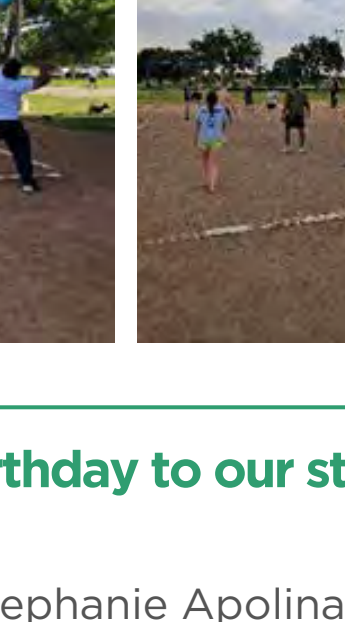
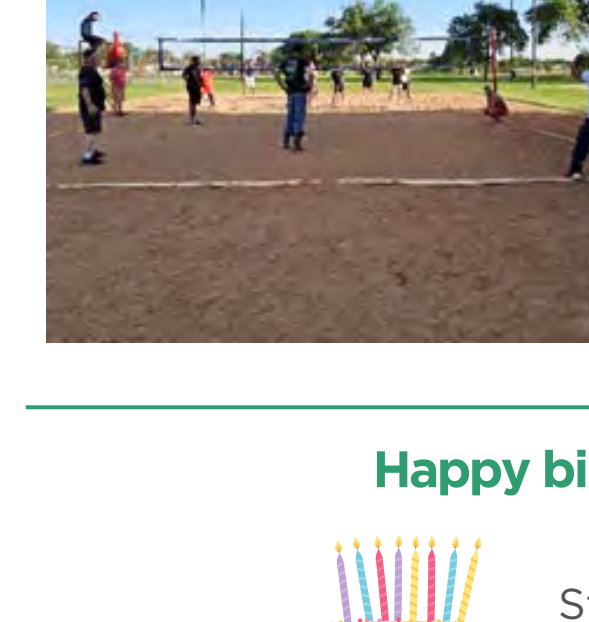
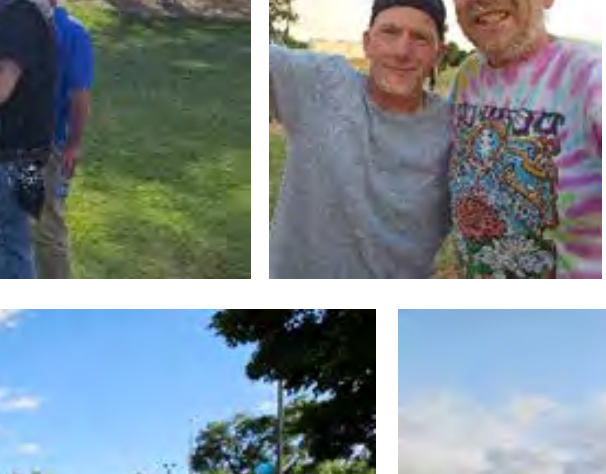
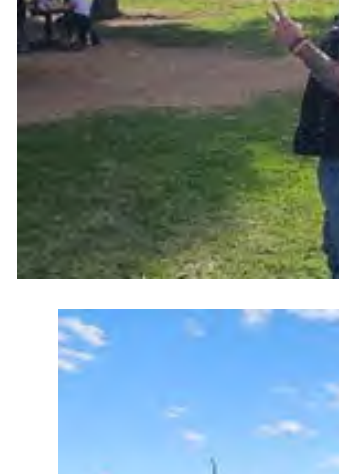
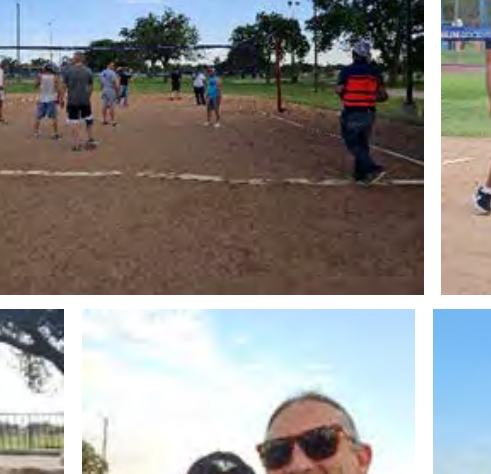
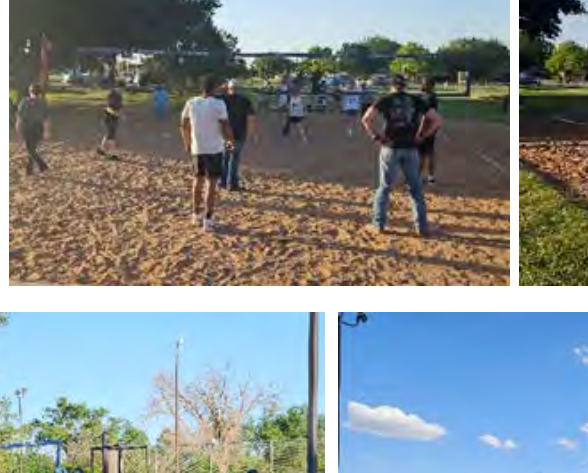
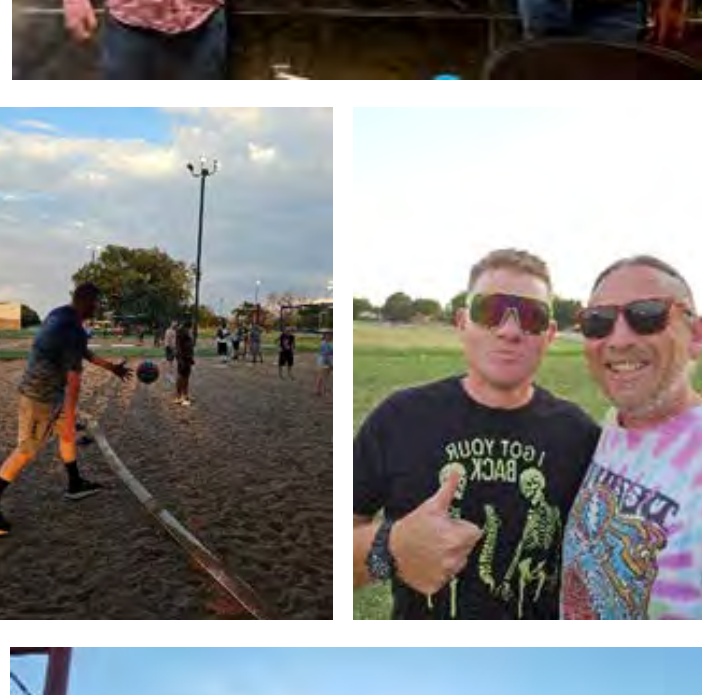
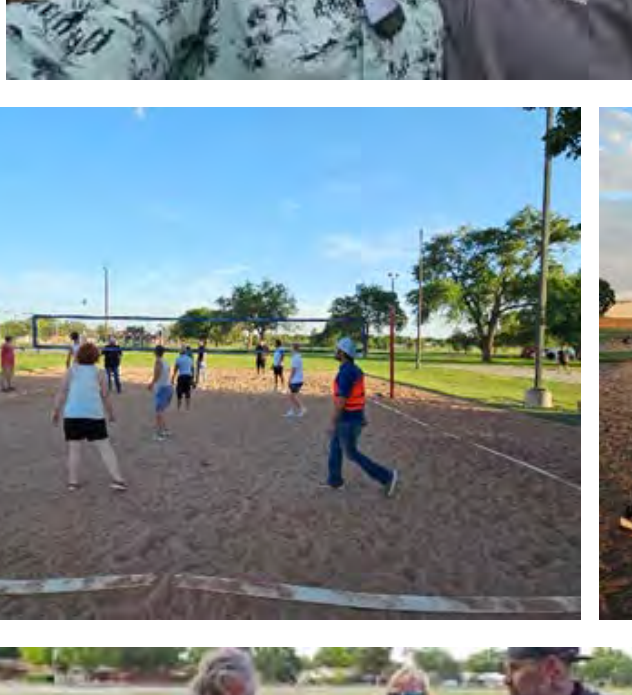
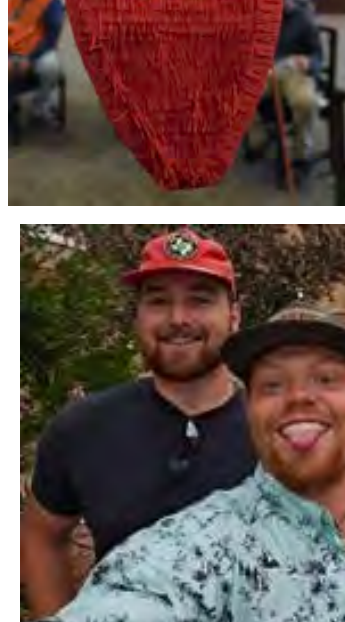
🌿 Staff Spotlight: Zoey Diamond 🌿



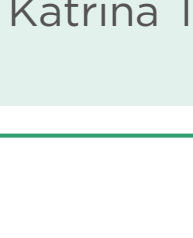
This month's staff spotlight goes to Zoey Diamond, one of RDT's remarkable Behavioral Health Techs, whose unwavering dedication and genuine compassion make her a shining star at The Ranch at Dove Tree. Originally from Lubbock, Texas, and raised in Plains, Zoey's journey into mental health and addiction recovery is fueled by her deep passion for supporting individuals through life's toughest moments. Since joining The Ranch almost a year ago, her first anniversary is next month on July 23rd, Zoey has exemplified what it truly means to serve with heart. She believes that mental health and addiction recovery are deeply personal journeys, and she is committed to creating safe, compassionate spaces where people feel heard, valued, and empowered to heal. Her work is not just a job; it's a calling to help others rediscover hope and purpose. What she loves most about her role is building meaningful connections with clients and witnessing their incredible progress. Even during challenging moments, Zoey's steady presence offers comfort and reassurance, transforming difficult situations into opportunities for growth. Her commitment extends beyond her interactions with clients; she thrives within a team that shares her dedication to creating a safe and caring environment. Outside of work, Zoey enjoys playing golf, a hobby that sharpens her focus and patience while providing her a much-needed way to unwind. More than just a game, golf has taught her valuable lessons in remaining calm under pressure and being mindful of each moment. These lessons seamlessly translate into her professional life, enriching her ability to support others with steady compassion and presence. Zoey is more than a Behavioral Health Tech; she is a beacon of hope, resilience, and kindness. Her inspiring dedication reminds us all of the profound difference one person can make in the lives of others.



May Events



Happy birthday to our staff member:

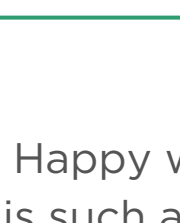


Stephanie Apolinar

6/19

RDT would like to wish all our alumni born in June a very Happy Birthday!

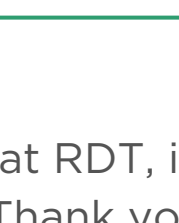
Happy BIRTHDAY



Years of Service: June Anniversaries

Andrea Grinell 6/5/2023 2 years

Katrina Toney 6/27/2021 4 years



Work Anniversaries

Happy work anniversaries, ya'!!! On behalf of everyone at RDT, it is such a pleasure to work with each of you every day! Thank you for your continued dedication. Please let me know if I've missed any staff birthday or anniversary, I am working with what I have.

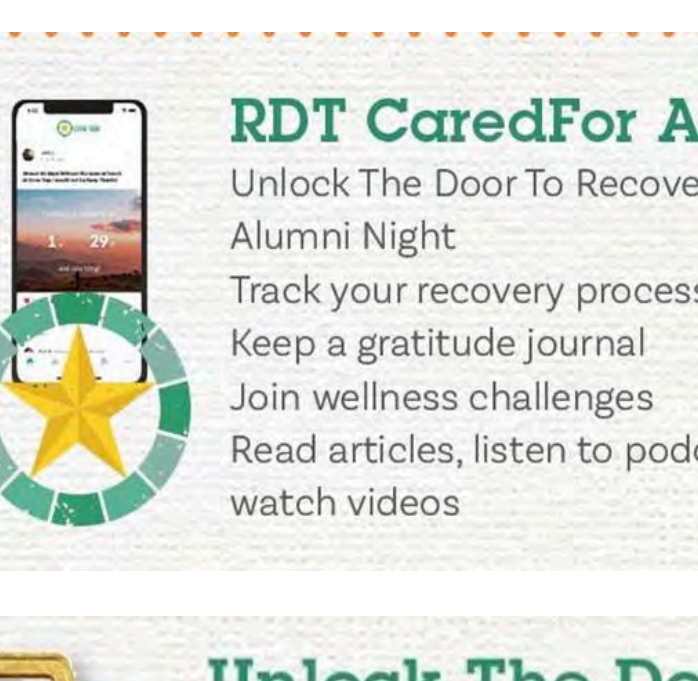


As we continue to build a supportive alumni network, I wanted to let you know that I am here to assist if you know anyone in need of treatment.

If you come across someone who could benefit from our program, please don't hesitate to refer them to me. I can help get the process started and ensure they receive the support they need.

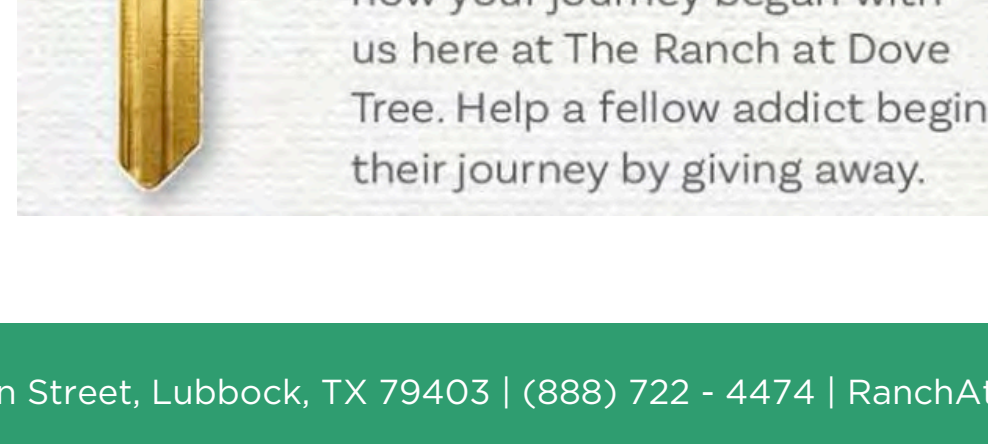
Here is how you can reach me:

Josh Toney
806-600-4555
joshua.toney@ranchatdovetree.com



★ **ALUMNI NIGHT** ★
EVERY WEDNESDAY
When: Every Wednesday
Time: 6:00pm - 8pm
Where: IOP: 1811 13th Street
Lubbock, Texas 79401

All alumni are welcome and encouraged to attend Alumni Night every Wednesday! If you can't make it, be sure to join us via the Zoom link on the alumni app! If you're not on the alumni app, text Josh at 806-549-8179 to request an invite!



RDT CaredFor App
Unlock The Door To Recovery
Alumni Night
Track your recovery process
Keep a gratitude journal
Join wellness challenges
Read articles, listen to podcasts, watch videos

Unlock The Door To Recovery
(877) 979-5619
Share your recovery story and how your journey began with us here at The Ranch at Dove Tree. Help a fellow addict begin their journey by giving away.