TRAC9

As measurement-based care becomes more prevalent in healthcare and the need for an effective post-treatment follow-up program increases, we implemented Trac9 to offer an automated assessment plan.

Through a secure web app, Trac9 uses a series of standardized assessments to identify changes in:

- Depression
- Anxiety
- Stress
- Craving in response to visual cues
- Cravings in response to verbal cues
- Spirituality
- Commitment to sobriety
- Optimism
- Quality of life

The assessments are collected on an as-needed basis, typically weekly. This allows us to track the user's response to predict the likelihood of relapse. The results show the client's progress or need for additional recovery work.

In addition to being measured on the above factors, we were given:

- Global Recovery Score - Compilation of all scores
- Resilience - Compilation of commitment, optimism, quality of life, and spirituality
- Pathology - Compilation of depression, anxiety, stress, visual cravings and verbal cravings

The results allow us to optimize our treatment program leading to positive, measurable outcomes.

The Ranch at Dove Tree's National Ranking

Trac9 Informatics has assessed residential treatment programs nationwide for the last 12 months (April 2020 - March 2021), including over 11,000 clients. All assessments are standardized and validated in scientific literature.
An analysis was performed with weekly assessments conducted on clients at The Ranch at Dove Tree.

	Week 1 - 4 % Change	National Percentile
Global Recovery Score	**42%**	**Top 30%**
Resilience	**39%**	**Top 30%**
Commitment to Sobriety	9%	Top 10%
Spiritual Practices	65%	Top 50%
Optimism	50%	Top 20%
Quality of Life	58%	Top 60%
Pathology	**-58%**	**Top 10%**
Depression	-64%	Top 10%
Anxiety	-42%	Top 10%
Verbal Craving	-66%	Top 20%
Visual Craving	-76%	Top 20%
Stress	-56%	Top 10%

THE RANCH of DOVE TREE

1406 Quinlan Street
Lubbock, TX 79403

Visit our website