Recovery Focus

The Ranch at Dove Tree is where people rebuild their lives and change the direction of their future. The plains of West Texas provide a therapeutic setting that is warm, welcoming and creates the necessary healing environment for the challenging work of recovery. In this setting, our master’s level clinicians deliver high quality treatment for substance use and co-occurring disorders.

- We will work with your insurance company to ensure the best coverage possible for your plan.
- We are in-network with most major commercial insurance plans.

Continuum of Care

Providing our clients with the tools necessary to live a life of long-term recovery is our primary goal. The Ranch at Dove Tree offers a continuum of care that supports and sustains an ongoing program of recovery.

- Medically assisted detoxification
- 45 day residential treatment
- Partial day-program
- Intensive outpatient program
- Male and female transitional living homes
- Supportive educational environment for college students
- Active alumni association in multiple locations

The evidence-based program models that we use (12-Step facilitation, Contingency Management, Mindfulness, and Cognitive Behavioral Therapy) are validated by scientific research for use in the field of addiction treatment. We are proud to be a leader in collegiate recovery with our commitment to assist college-age clients with the skills necessary to return to school.

Preparing Individuals for a Lifetime of Recovery

One of the nation’s leaders of substance use disorder treatment, behavioral health care and recovery resiliency services.
The Collegiate Resiliency Program is dedicated to treating the emerging young adult population; 18-25 year olds. Many of our clients’ substance use began in their adolescent years which adversely impacts emotional development. Therefore, our collegiate program applies a developmental approach focused on building and reinforcing skills learned in adolescence. Some of the therapies utilized in this developmental approach are:

- 12-Step focused recovery
- Cognitive behavioral therapy

The Traditional Program focuses on the specific needs of the adult population. There is an emphasis on cognitive behavioral therapy population. The Traditional Program focuses on the specific needs of the adult population.

- 12-Step recovery principles and groups
- Cognitive behavioral therapy
- Gender specific group therapy
- Trauma focused therapy (EMDR) and grief and loss therapy
- Individual therapy; minimum of two per week
- 4-day comprehensive family education program; multi-family therapy
- Multi-family therapy groups
- Individual family therapy
- Health and wellness center with certified trainers/dietician
- 4-day comprehensive family education program; multi-family therapy
- Multi-family therapy groups
- Individual family therapy
- Health and wellness center with certified trainers/dietician

Call today for a confidential consultation.

www.anchorage.recovery

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